

**APW Junior Senior High School
February Lunch Menu**

*APW school district participates in the Community Eligibility Provision for the 2022-2023 school year. All enrolled students in our school district, regardless of income level, are eligible to receive a healthy school breakfast and school lunch at **no charge** each day.*

		<p>1 Homemade Pizza Cheese/Meat Lovers Toss Salad</p> <p><u>Weekly Special</u> Chicken Noodle Soup Pasta & Meatballs Caesar Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>	<p>2 Soft Tacos or Taco Salad</p> <p>Build your own: Turkey Taco Meat, Rice, Black Eyed Peas, Corn, Black Beans, Salsa</p> <p><u>Weekly Special</u> Chicken Noodle Soup Pasta & Meatballs Caesar Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>	<p>3 Shepherds Pie Sweet Potatoes</p> <p><u>Weekly Special</u> Chicken Noodle Soup Pasta & Meatballs Caesar Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>
<p>6 Sloppy Joe on Kaiser Roll Coleslaw</p> <p><u>Weekly Specials</u> Soup: Minestrone Cheesy Bread Sticks with Marinara Sauce Julienne Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>	<p>7 BBQ Roasted Chicken Waffle FF</p> <p><u>Weekly Specials</u> Soup: Minestrone Cheesy Bread Sticks with Marinara Sauce Julienne Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>	<p>8 Homemade Pizza Cheese/ Chicken Bacon Ranch Toss Garden Salad</p> <p><u>Weekly Specials</u> Soup: Minestrone Cheesy Bread Sticks with Marinara Sauce Julienne Salad Turkey/Ham Subs Gluten Free rolls</p>	<p>9 Nachos or Taco Salad</p> <p>Build your own: Turkey Taco Meat, Cheddar Cheese Sauce, Rice, Black Eyed Peas, Corn, Black Beans, Salsa</p> <p><u>Weekly Specials</u> Soup: Minestrone Cheesy Bread Sticks with Marinara Sauce</p>	<p>10 Egg & Cheese Sausage Bagel Hash Browns</p> <p><u>Weekly Specials</u> Soup: Minestrone Cheesy Bread Sticks with Marinara Sauce Julienne Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J</p>

		available Yogurt Parfait GF Granola PB&J	Julienne Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J	
13 Goulash Green Beans <u>Weekly Specials</u> Soup: Loaded Baked Potato Warm Pretzel with Cheese Chef Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J	14 General Tso's Chicken over Rice Steamed Broccoli & Carrots <u>Weekly Specials</u> Soup: Loaded Baked Potato Warm Pretzel with Cheese Chef Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J	15 Homemade Pizza Cheese/ Pepperoni Toss Salad <u>Weekly Specials</u> Soup: Loaded Baked Potato Warm Pretzel with Cheese Chef Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J	16 Traveling Taco or Soft Taco Build your own: Turkey Taco Meat,, Rice, Black Eyed Peas, Corn, Black Beans, Salsa <u>Weekly Specials</u> Soup: Loaded Baked Potato Warm Pretzel with Cheese Chef Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J	17 Cook's Choice <u>Weekly Specials</u> Soup: Loaded Baked Potato Warm Pretzel with Cheese Chef Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J
20	21	22 NO SCHOOL	23	24
27 Ziti & Meatballs Steamed Cauliflower <u>Weekly Specials</u> Soup: Tomato Ravioli	28 Chicken Patty on a Roll Waffle FF Pickles <u>Weekly Specials</u> Soup: Tomato Ravioli			

Cheese Burgers Chicken Caesar Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J	Cheese Burgers Chicken Caesar Salad Turkey/Ham Subs Gluten Free rolls available Yogurt Parfait GF Granola PB&J			
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Offered Daily; Variety of Fresh Fruit, Low Fat White and Chocolate Milk